

Mew \$3 Million Physical Education Center Serves College and Community

It's another resource for success: our new \$3 million Physical Education Center.

The Center is a resource for the St. Ambrose community and the entire Quad-City community, as well.

The 47,300 square-foot structure is located on the northeast corner of the campus at Lombard and Scott Streets. It is a two-level facility accessible to the handicapped, and serves multiple academic and non-academic purposes. The emphasis is, of course, on education, physical conditioning, and activities for lifelong recreational interests.

The building itself is designed for energy efficiency and is partially underground at the north and east sides in an "earth bermed" style that allows conservation of heated and cooled air.

Central focus of the interior is the enormous gymnasium and the running track suspended above and around it.

But there is much much more:

Lower Level Features

THE LOBBY

The main entrance to the Physical Education Center on the south side leads visitors and students under a covered patio with planter, and through four sets of double glass doors opening into the lobby. The lobby, with a floor of finished brick, serves as a hub of activity for spectators and visitors, and contains eight glass cases for public display of St. Ambrose College trophies.

THE GYMNASIUM

Power-driven bleachers of a new and comfortable contour foam plastic, formed to fit the body, seat 2,200 persons for athletic events, programs, or ceremonies held in the gym.

The hardwood playing floor of the gym is the official standard college floor size of 94 x 50 feet.

Varsity basketball games are played east and west, while intramural games are played north and south. The floor's flexibility offers the option of six half courts or three full courts for basketball. The six baskets and backboards are power-driven, swinging up into the ceiling when not in use.

The flexible floor plan also offers optional placement of six badminton courts, two volleyball courts, or two tennis nets with standards.

A halo of red-hooded overhead lights illuminates the area. The lighting system, too, offers flexibility, and can be adapted for various needs, ranging from teaching of physical education classes to intramural or varsity competition. Extra candlewatt power is



Physical education students and varsity athletes have the rooms. while varsity athletes have room facilities.



High above the action below, runners complete track competition.



Two weight rooms — a free weight room and a machine weight room — offer students the latest in physical conditioning equipment.



Students and athletes have their own locker room facilities.



slow, runners on track complete a mile in 12 rounds.

available for televising athletic activities or programs taking place in the gym, and there is 24-hour lighting for security.

RACQUETBALL COURTS

Each of the four standard-sized racquetball courts features sliding glass windows where instructors can observe and teach from the second story level.

FREE WEIGHT ROOM

One of two weight rooms, the free weight room is open to all students who want to work on conditioning of the upper body. Up to 24 individuals can be accommodated at once, and at all times the users are under staff supervision.

EQUIPMENT MANAGER'S STATION

Immediately across from the free weight room, this station is staffed from 8 a.m. to midnight seven days a week when classes are in session at St. Ambrose. Here, staff members take reservations for use of the racquetball courts and supply sports equipment, towels and locker space.

The station is adjoined by a storage area which also contains washers and dryers.

ATHLETIC TRAINING ROOM

The College's full-time athletic trainer works here year-round using state-of-the-art equipment that includes examining and taping tables and two whirlpool units.

LOCKER ROOMS

Separate men's and women's locker facilities are available to physical education students, those involved in intramural competition, and guests. The locker rooms adjoin those designated specifically for students taking part in men's and women's varsity athletics at St. Ambrose.

The facilities include showers, hair dryers, and a total of 438 lockers.

Upper Level Features

MULTI-PURPOSE AREA

Overlooking the racquetball courts is a 120 x 50 foot multi-purpose room that can be used for a wide variety of sports activities ranging from archery to wrestling to modern dance and gymnastics. With the addition of nets, participants can practice baseball or softball pitching and batting, and can even practice their golfing techniques.

MACHINE WEIGHT ROOM

The second of two weight rooms in the Physical Education Center, the machine weight room can accommodate 15 individuals at one time.

INDOOR RUNNING TRACK

Encircling the gym and suspended above the playing floor below is the jogging track: 12 times around equals a mile.

On the northwest wall behind the track are special electrical outlets for television and radio broadcasts and coverage of activities taking place in the gym.



The flexible gymnasium floor of the new Physical Education Center can be converted to accommodate varsity or intramural basketball, badminton, volleyball, or tennis. Power-driven bleachers seat 2,200 persons comfortably.

CLASSROOMS

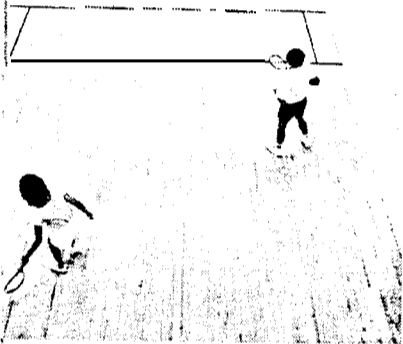
Depending on need, two or three classrooms are available.

The large multi-purpose room with its stackable chairs and tables can serve as either a conference room or classroom. The mirrors in place turn the room into an area for dance classes at other times, and the coffee table and lounge chairs at one end of the room serve as a comfortable spot for guests and coaches to visit.

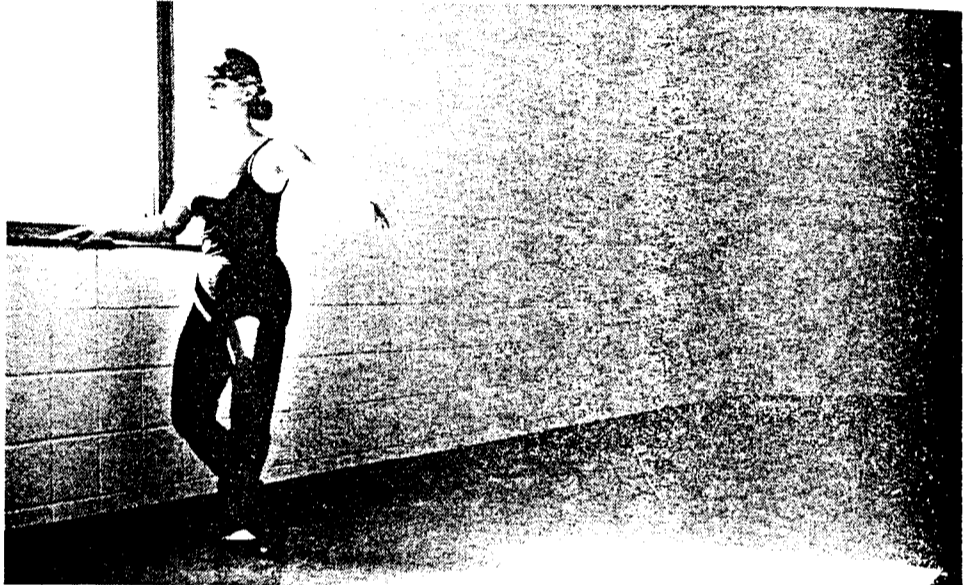
The classroom next door, accommodating up to 80 persons, is easily dividable into two separate classrooms.

OFFICES

The office area, located in the southwest corner, features seven offices, storage space for audiovisual materials, books, and supplies, and a reception area where the athletic department secretary and student sports information director are stationed.



Sliding glass windows above the racquetball courts enable instructors to observe the activity below.



Windows on one side, mirrors on the other, the building's multi-purpose classroom is ideal for dance classes or individual practice.

St Ambrose

HOMECOMING Scene

Newest Resource for Success

College Dedicates \$3 Million P.E. Center



A Special Blessing — The new center was blessed by the Most Rev. Gerald F. O'Keefe, D.D., bishop of Davenport and president of the St. Ambrose College board of directors. The Rev. Drake R. Shafer, '69, assisted Bishop O'Keefe.



Long-Awaited Event — The St. Ambrose community and Quad Citizens joined together for formal dedication of the College's new physical education center during Homecoming weekend this fall. The 47,300-square-foot facility was constructed as a part of the St. Ambrose CENTENNIAL COUNTDOWN program.

The structure is located on the northeast corner of the campus at Lombard and Scott Streets. It serves multiple academic and non-academic purposes, with emphasis on education, physical conditioning, and activities for lifelong recreational interests.

Members of the dedication procession (from left) included flagbearers *Anne Duffy*, a senior from Waterloo, Iowa, and *John Foreman*, a junior from Council Bluffs, Iowa; *Barbara J. Schuman*, chairman of the physical education department; *James Hannon*, a senior from Nashville, Tenn., who is president of the Student Government Association; *Michael Barnes*, '70, St. Joseph County prosecuting attorney, South Bend, Ind.; architect *Harold Stewart* of Stewart and Associates, Davenport; *Edward J. Rogalski*, senior vice president for administration and college relations; the Rev. *Drake R. Shafer*, '69, chaplain and vice president for student services; *Richard "Digger" Phelps*, University of Notre Dame head basketball coach; *Dr. William J. Bakrow*, St. Ambrose president; and the Most Rev. *Gerald F. O'Keefe, D.D.*, bishop of Davenport.

-Alumni and Public Use

Alumni and members of the public can use the facilities of the physical education center by joining the St. Ambrose Booster Club with a \$25 annual donation. Hours that Booster Club members can use the building are from 6 a.m. to 8 a.m. Mondays through Saturdays and from 4 p.m. to 7 p.m. Sundays when the College is in session. The building also will be open to Booster Club members during the summer months and semester break period.

Alumni wishing to join the Booster Club should send checks — made payable to the St. Ambrose Booster Club — to Dean Brunson, St. Ambrose athletic director. He notes that membership entitles one's immediate family to use the facilities also.